

November 2021

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Back Stage at an Elvis Concert</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:45 Sing a long</p> <p>2:00 (C) Church Service With Cathedral of life</p> <p>2:30 Beverage Cart</p> <p>3:00 Relaxation Spa</p> <p>4:00 Game Time</p> <p>4:30 TV Land</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Sitcoms</p> <p>6:30 Family Feud</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Noodle Volleyball</p> <p>10:45 Mind Stretch Game Time</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Spa</p> <p>2:30 Beverage Cart</p> <p>3:00 Making Chocolate</p> <p>4:30 TV Land</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Sitcoms</p> <p>6:30 Are you smarter Than a 5th Grader</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Famous Red Heads</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Spa</p> <p>2:30 Beverage Cart</p> <p>3:00 Table Bowling</p> <p>4:30 TV Land</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Sitcoms</p> <p>6:30 Wheel of Fortune</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Chair Yoga</p> <p>10:45 Mind Stretch Baking Muffins</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Spa</p> <p>2:30 Beverage Cart</p> <p>3:00 Making Candy</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Hallmark Christmas Show</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Balloon Punch</p> <p>10:45 Mind Stretch Conversation Starters</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Spa</p> <p>2:30 Beverage Cart</p> <p>3:00 Hymn Sing</p> <p>4:30 TV Land</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Hallmark Christmas Show</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Diane</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Plate exercise</p> <p>10:45 Mind Stretch Game Show Quiz</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Spa</p> <p>2:30 Beverage Cart</p> <p>3:00 Hot cocoa bar inspiration</p> <p>4:30 TV Land</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Hallmark Christmas Show</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Animal Balloon Toss</p> <p>10:45 Mind Stretch Poem Reading</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:30 Movie/Manicures</p> <p>2:30 Beverage Cart</p> <p>3:00 Christmas Movie</p> <p>4:30 TV Land</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Hallmark Christmas Show</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Family Feud</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:45 Sing a long</p> <p>2:00 (C) Church Service With Cathedra of life</p> <p>3:15 Beverage Cart</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Noodle Volleyball</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Remembering Holiday Decorating</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Sitcoms</p> <p>6:30 Music Therapy/ Beth Gardner</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Wheel of Fortune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Button Wreath Ornaments</p> <p>4:00</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Chair Yoga</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Entertainer Gerald Harris</p> <p>3:15 Beverage Cart</p> <p>3:30 Baking Time: Santa's Favorite Trail Mix</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Balloon Punch</p> <p>10:45 Mind Stretch Sing a long</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Humor: Dear Santa</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Diane</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Plate exercise</p> <p>10:45 Mind Stretch Name that Tune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Lawrence Welk Christmas Reunion</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Animal Balloon Toss</p> <p>10:45 Mind Stretch Wheel of Fortune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:30 Movie/Manicures</p> <p>2:30 Beverage Cart</p> <p>3:00 Music/Manicures</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Family Feud</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:45 Sing a long</p> <p>2:00 (C) Church Service With Cathedra of life</p> <p>3:15 Beverage Cart</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Noodle Volleyball</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Story Time: One Special Gift</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Wheel of Fortune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Craft: Holiday Picture Frame</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Chair Yoga</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 (C) Entertainer: Tim Weddington</p> <p>3:15 Beverage Cart</p> <p>3:30 Baking Time: Christmas Candy</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Balloon Punch</p> <p>10:45 Mind Stretch Sing a long</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Gingerbread House Game</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Diane</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Plate exercise</p> <p>10:45 Mind Stretch Name that Tune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 (C) Entertainer Carla McKrell</p> <p>3:15 Beverage Cart</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Animal Balloon Toss</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:30 Movie/Manicures</p> <p>2:30 Beverage Cart</p> <p>3:00 Music/Manicures</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Family Feud</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:45 Sing a long</p> <p>2:00 (C) Church Service With Cathedra of life</p> <p>3:15 Beverage Cart</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Noodle Volleyball</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Entertainer Sam Fosh</p> <p>2:30 Beverage Cart</p> <p>3:15 Dec. EZ Does It Trivia</p> <p>4:00 Holiday Music</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Andy Griffith</p> <p>6:30 Music Therapy Beth Gardner</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Wheel of Fortune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Reindeer Ornaments</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Chair Yoga</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Baking Time Christmas Cookies</p> <p>4:00 Christmas Game</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Balloon Punch</p> <p>10:45 Mind Stretch Sing a long</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 (C) Residents Christmas Party/Santa</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Diane</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Plate exercise</p> <p>10:45 Mind Stretch Name that Tune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Relaxation Time</p> <p>3:00 Christmas Eve Story</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Animal Balloon Toss</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:30 Movie/Manicures</p> <p>2:30 Beverage Cart</p> <p>3:30 Music/Manicures</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>

December 2021

Jan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Family Feud</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:45 Sing a long</p> <p>2:00 (C) Church Service With Cathedra of life</p> <p>3:15 Beverage Cart</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Noodle Volleyball</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Jingle All the Way</p> <p>4:00 Can you picture This</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Light n Lively</p> <p>10:45 Mind Stretch Wheel of Fortune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Snowman Stocking Ornaments</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Dianah</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Chair Yoga</p> <p>10:45 Mind Stretch Trivia</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Baking Time: Christmas Donuts</p> <p>4:00 Play Instruments</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:45 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Balloon Punch</p> <p>10:45 Mind Stretch Sing a long</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Left Right Holiday Story Game</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Diane</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Plate exercise</p> <p>10:45 Mind Stretch Name that Tune</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>2:00 Relaxation Time</p> <p>2:30 Beverage Cart</p> <p>3:00 Sing a long with Suzie Q</p> <p>4:00 One to One Activities</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>	<p>6:30 Rise n Shine with Coffee</p> <p>8:15 Chat with Kathy</p> <p>8:30 Devotions & Prayer</p> <p>9:00 Breakfast</p> <p>10:15 Morning Stretch Animal Balloon Toss</p> <p>10:45 Mind Stretch</p> <p>12:15 Get ready for Lunch</p> <p>12:30 Lunch</p> <p>1:30 Movie/Manicures</p> <p>2:30 Beverage Cart</p> <p>3:30 Music/Manicures</p> <p>4:45 Get ready for Dinner</p> <p>5:00 Dinner</p> <p>6:00 Music</p> <p>6:30 Game Shows</p> <p>7:30 Snack Cart</p> <p>8:00 Cinema at the Inn</p>